



CRES Dory News



Kindness Grit Responsibility Self-Control

Important Dates

Monday, April 3 & 10

Big Brothers Big Sisters, CRES Gym,
2:45-4:00pm

Monday, April 3

After School Enrichment: Gr. 4
Creative Writing, Library,
2:30-3:30pm

Tuesday, April 4 & 11

Jump Rope Club, CRES Gym,
2:30-3:30pm

Tuesdays, April 4, 11, & 25

CRES Chess Club, Gr. 4 Common Area,
2:30-3:30pm

Wednesday, April 5

Early Release, 1:10/1:15pm
dismissal

Wednesday, April 5

Ballet/Junior Jazzin' Dance Class, Gr. 4
Common Area, 1:15-2:30pm

Thursday, April 6 & 13

Jump Rope Club, CRES Gym,
2:30-3:30pm

Thursdays, April 6, 13, 27

Drawing Class, Gr. 4 Common Area,
2:30-3:30pm

Monday, April 10 & 24

K-Kids Meeting, Mrs. Burke's Room,
2:45-3:30pm

Wednesday, April 12 & 26

Ballet/Junior Jazzin' Dance Class, Gr. 4
Common Area, 2:30-3:45pm

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PRINCIPAL'S CORNER

CRES Families,

With another senseless act of violence and yet another school shooting in our country, I write to you with sadness. These incidents create so much anxiety for students, families and staff, and are quite simply heartbreaking. I want you to know what measures we have in place and what we've done to prepare as a school and district.

We have district-wide and building-specific emergency plans that cover these and other emergency situations. We conduct ten emergency drills per year at CRES, the bulk of which are fire drills. We conducted a lockdown/stay-put drill in October where we played the sound school-wide (different from a fire alarm) and then had teachers review the process with students. We don't share the specifics of our plans outside the school for the safety of everyone - we don't want the general public to know about our exact procedures.

We have reviewed our lockdown process this year as administrators, with local law enforcement, and twice with the CRES faculty. In the last year I have conducted building walkthroughs with a state police officer and most recently, our local police detective. Both were impressed with the safety measures we had in place - neither had suggestions for additional measures we could implement in our school. Our custodial and maintenance staff also conduct routine safety checks to ensure our building is secure.

While there is a low likelihood of an event like this happening in our community, the chances are not zero. So we take our emergency planning seriously and review our plans with a focus on best practices on an ongoing basis.

Thank you for trusting us with your children.

In Partnership,
Chris

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Wednesday, April 12 & 26

Ballet/Junior Jazzin' Dance Class, Gr. 4
Common Area, 2:30-3:45pm

Wednesday, April 12 & 26

Girl Scout Troop #1535 Meeting,
CRES Atrium, 2:45-3:45pm

Wednesday, April 12

Family Jump Rope Night, CRES Gym,
5:30-6:30pm

Wednesday, April 12

Camden Rockport Schools District
Meeting, School Board Meeting,
7:00pm

Thursday, April 13

After School Enrichment: Gr. 4
Creative Writing, Library,
2:30-3:30pm

Thursday, April 13

Kindergarten Guest Speaker:
Chewonki, 9:00am-2pm

Friday, April 14

EARLY RELEASE HALF DAY
11:25am/11:30pm Dismissal

April 17-21

NO SCHOOL, Spring Break

Wed. & Thur., April 26 & 27

Gr. 3 Field Trip: Beech Hill Preserve,
8:45-11:15am

Thursday, April 27

Gr. 1 Guest Speaker: Chewonki,
8am-1:30pm

Friday, April 27

Gr. 1 (Babb) Field Trip: Merryspring
Nature Center, 10:30am -1pm

Kids Heart Challenge

The Kids Heart Challenge (aka Jump Rope for Heart) will kick off the week of April 24. The jump rope event for Grades 2-4 will be held on Thursday, May 4, from 2:30-3:45pm. More information will be coming home with your student soon! Contact Eric Martin, PE & Health Teacher with questions.

Family FYI, from the Principal & the Office

With our COVID distancing requirements lifted we want to remind families of the following recent changes:

- Parents/guardians are welcome to join their child for lunch in our cafeteria - it's a special way to be with your child on their birthday, for example. Reach out to your child's teacher the day before so they are aware and let them know if you'd like to order an adult school lunch for \$4.50.
- Our Main Entrance lobby door is unlocked after school until 5:30 or the final public event of the night. This eases the flow of aftercare pickup and evening practices.
- We're looking for volunteers! Many opportunities are dependent on classroom teachers reaching out to you directly - some teachers have a greater need than others. If you'd like more chances to volunteer, here are ways to do so.
 - ✦ The CRSA is partnering with the Principal to create a volunteer sign up form for those who want to support classes in the outdoors (e.g. nature hikes or woods recess).
 - ✦ Contact the CRES office if you're interested in volunteering as a recess monitor. We ask for a consistent time commitment each week for our planning.
- Finally, a reminder that our playground is open for families to stay and play after school. Please stay on the pavement or the 'slides' side of the playground until dismissal ends at 2:40. This will be much more enticing as the weather warms!

Seeking YARN donations!

4th Grade Spanish class will be embarking on a Peruvian weaving project in a couple of weeks-we are in need of YARN of all colors. If you have any left over skeins or partial skeins that you can donate, we would greatly appreciate it! Natural fibers only as we are inspired by authentic weavings that we are looking at in class.

Muchas Gracias!

Señora

Farewell From Brenda

Hello CRES Families,

I wanted to take this opportunity to say thank you for all of your kindness and friendships throughout the last 16 years. Thank you for allowing me to be part of you and your child's day. I have really enjoyed watching them grow.

I am leaving CRES at the end of April to pursue a new adventure. I have been hired as the Hospitality Manager at the Craginair Inn's Causeway Restaurant in St. George. I am very excited to work so close to home but sad that I won't see each and every one of you each day. I will truly miss you all. Hopefully I will see you around!

Take care,

Brenda Fournier, CRES Registrar & Administrative Assistant



PRESS RELEASE**For Immediate Release**

**From: Chris Walker-Spencer, Principal
Camden-Rockport Elementary School**

**M.S.A.D. #28
Spring Kindergarten Registration**

Camden-Rockport Elementary School is pleased to welcome students, who reside in Camden or Rockport, to register for Kindergarten for the 2023-24 school year. Your child must be 5 years old on or before October 15, 2023. Deadline to complete Spring Registration is April 28th.

Parents are asked to contact Brenda Fournier, Registrar, in the Main Office to start the registration process.

You can reach Brenda Fournier at 236-7809 ext. 1200 or email her at brenda.fournier@fivetowns.net

Youth Arts presented African Dance & Drumming last week, featuring these creatures of the Serengeti from Second Grade.



CRES Dories



EARTH DAY

Come Celebrate our Wonderful Planet

Roots n Shoots Nature-Based After School
Beauchamp Point, 17 Spear St. Rockport
Saturday, April 22, noon 2:00 to 3:00

Play and Enjoy the Great Outdoors
 Join a Scavenger Hunt to Find Natural Treasures
 Build a Bridge and Hike the Nature-Trail
 Learn how to make Wildlife Habitats in your own backyard
 Dig a Hole for a Native Plant
 Feed the Birds, Chipmunks, Squirrels and Bunnies
 Meet Willa & Winston the cutest bunnies in Maine!

Co Sponsored by S.E.A
Stewardship Education Alliance

We look forward to you joining the fun!
Lynn Rutter M.A.
Experienced Environmental Educator
lynn.RootenShoots@gmail.com
603-479-1731



Eating Healthier on a Budget

STARTING DATE: Thursday, April 20

TIME: Noon to 1:00 p.m.

LOCATION: Spectrum Generations, 18 Merriam Road, Belfast

COST: FREE

Join Maine SNAP-Ed Nutrition Educators from Waldo County for this class that will give you the skills to support healthy eating and to shop and cook nutrient dense foods while stretching your dollars and staying within your grocery budget. The dates of the four sessions are: April 20, May 18, June 15, and July 20. There will be recipe demonstrations and engaging activities at each class. All participants will receive a colorful cookbook with 24 healthy, low-cost recipes and nutrition tips!

REGISTER BY: Tuesday, April 18 at journeytohealth.coursestorm.com or 301-3950

This institution is an equal opportunity provider. Maine SNAP-Ed is funded by the USDA's Supplemental Nutrition Assistance Program, or SNAP, which is administered by the Office for Family Independence (OFI) at the Maine Department of Health and Human Services (DHHS) and implemented statewide by the University of New England (UNE) through contracts with local community organizations. Maine SNAP-Ed educates families experiencing low income on low-cost healthy eating and active lifestyles. Contact mainesnap-ed@une.edu or 207-221-4560 for more information.

Journey to Health



Pen Bay Medical Center | Waldo County General Hospital

YOUTH ARTS ART SWAP


Your art in storage is another's Picasso.

Join us for the First Annual Youth Arts Art Swap & help support art in schools.

Donate or consign artwork from your collection.
 Purchase new pieces to adorn your walls.

April 29th, 9 AM - 3 PM
 Atlantic Academy
 10 Knowlton Street (the former Teen Center)
 Camden

DONATION DROP OFF ON FRIDAY BETWEEN
 3:00 PM AND 7:00 PM
 ON APRIL 28TH, ATLANTIC ACADEMY



Find out more: www.youthartsmaine.org/artswap

Children's Room Haiku Poetry Contest!

April is National Poetry Month, and it's time for our little local poets to share their skills! Children in grades K-4 are welcome to submit one haiku poem to Stephanie, at the Rockport Public Library, between April 1st and April 30th. At the end of the month, 3 poems will be chosen, and prizes will be awarded! All poems will be displayed in the Children's Room for the entire month!

What is Haiku?
 Haiku is written in a 5-7-5 syllable pattern, exactly three lines, 17 syllables total. Traditionally they are all about nature. Illustrations are encouraged alongside your poem!




Rock Climbing Summer Camps



Equinox Guiding Service is excited to announce that our Rock Climbing Summer Camps are open for enrollment! Now offering full-day sessions for kids ages 10 to 15 years old, space is limited so be sure to reserve your spot today!

Rock Climbing is a fun and exhilarating sport that continues to grow in popularity. The many benefits it offers both physically and mentally, make it the perfect summer activity to get your kids off the couch and outside for some fresh air!

The Benefits of Rock Climbing for Kids
The movement of climbing can feel surprisingly natural, especially for kids. It engages the arms, legs, and core muscles while improving balance and flexibility, making it an excellent form of exercise. The wide range of climbing routes to choose from at Camden Hills provides a variety of challenges suitable for everyone, regardless of their athletic abilities.

Reach New Heights With Our Rock Summer Camps

EquinoxClimbing.com
Equinox Guiding Service
+1 (207) 619-3957



EQUINOX
GUIDING SERVICE

MOUNTAINSEA EXPEDITIONS

SUMMER 2023



BEST of the MIDCOAST: ADVENTURE DAY CAMP
A dynamic and active day-camp focused on building ecological awareness, leadership, and team through the technical skills of hiking and paddling. Come get outside, make new friends and explore the best the Midcoast has to offer!

SESSION 1:
for rising 5th-7th graders
June 27-30

SESSION 2:
for rising 6th-8th graders
July 18-21

EXPLORER'S CLUB DAY CAMP
A nature-based day-camp for young children fostering connection with ourselves, others, and the natural world through outdoor science, art, music, and play! Our curiosities will lead the way to new learning, friendships, and so much fun!



SESSION 1:
for rising 1st-3rd graders
June 27-30

SESSION 2:
for rising 2nd-4th graders
July 10-13

SEAS, SKIES & LEADERSHIP KAYAK EXPEDITION
Sea kayak through the most unique pockets of the Maine coastline! Our adventures will be punctuated by evening explorations of the night sky! We will learn technical skills on sea kayaks, ocean navigation, and camp craft, as well as build our team and leadership skills.



Overnight Expedition
for rising 8th & 9th graders
July 8th - 12th

MAINE BACKPACKING & LEADERSHIP EXPEDITION
Backpack through the rugged and remote Maine wilderness! Leaving our screens behind, we will learn the ins and outs of expedition mentality, hone our wilderness survival skills, learn local ecology, and tune into each other and our surroundings.



Overnight Expedition
for rising 9th-11th graders
August 7th - 12th

INFO & REGISTRATION: www.mountainseaexp.com

MISSOULA CHILDREN'S THEATRE

SUMMER CAMP & SHOW



A THEATER TRAINING PROGRAM THAT CULMINATES IN "BEAUTY LOU AND THE COUNTRY BEAST"

A FUN, ORIGINAL COUNTRY WESTERN TAKE ON "BEAUTY AND THE BEAST."

JULY 10-15

MISSOULA CHILDREN'S THEATRE

CAMDEN OPERA HOUSE

FOR CHILDREN ENTERING FIRST - 12TH GRADE
\$100 PER CHILD / 10 AM TO 2:15 PM
BRING-YOUR-OWN-LUNCH / AFTER PROGRAM WORKSHOPS

Information/registration: camdenoperahouse.com
Space is limited.



Windjammer BASKETBALL CAMP

For Players entering grades 2-9

JULY 17-21
9:30-11:30, 12:30-2:30
younger players / older players

Hosted By **CHRRHS**
Coaches and Players

At Camden Hills Regional High School

Questions? Contact Jon Moro at
JON.MORO@FIVETOWNS.NET

CALL: 207-691-7564

REGISTRATION FEE
\$130

**Dear School Leaders,**

We have officially launched **Hannaford Helps Schools** for 2023! We are so excited and thankful for your continued partnership.

This year we are launching some exciting program changes that will better support all participating schools. Each School Dollar printout will include a QR code that shoppers can scan to donate their School Dollars. The QR code will bring them to our online redemption website where they have the option to also download the Hannaford Helps Schools app. Downloading the app is not required but it stores their information and school choice, making redemption even easier.

We will continue to have a collection tower in the stores, but we will no longer have school-specific collection envelopes. All School Dollar printouts collected in stores will be compiled and evenly distributed amongst all participating schools. This money will be added to the school-specific online donations and the top 200 schools that raise the most money will also receive a \$1,000 bonus check!

To participate, look for the shelf tags in stores or the apple symbol on our website product pages on more than 800 participating products that will help earn money for your school.



Shoppers get 3 School Dollars for every 4 participating products they purchase. They can deposit their School Dollars in the collection tower at their store to donate to all participating schools, or scan the QR code on the School Dollar printout to download the Hannaford Helps Schools app. From there they can donate them directly to any participating school of their choice

Please visit the [Hannaford Helps Schools web page](https://www.fivetowns.net/cres) for additional information and resources.

Thanks,
Hannaford Helps Schools